

**SAN FRANCISCO STATE UNIVERSITY
FALL WRESTLING CLINIC 2007**

DATE: Saturday, November 24, 2007
SCHEDULE: 9-10 am Registration
10-11 am First Session: Takedowns, single & double leg
11-Noon Second Session: Takedowns, high crotch, fireman's carry,
throws
Noon -1 pm LUNCH BREAK
1-1:30 pm Third Session: Bottom position, stand-ups, switches
1:30 -2 pm Fourth Session: Top position, pinning holds
2-2:30 pm Fifth Session: Riding on top, breakdowns
2:30 -3 pm Sixth Session: Mini takedown tournament

FEES: \$15.00 per Individual

LOCATION: SAN FRANCISCO STATE UNIVERSITY – MAIN GYM
1600 Holloway Ave.
San Francisco, CA 94132

CLINICIANS: LARS JENSEN – HEAD COACH – SAN FRANCISCO STATE
1997 NCAA DIV. II National Champions
1997 NCAA DIV. II Coach of the Year
1997 W.I.N. Magazine Dan Gable coach of the year
2003 RMAC and West Region Coach of the Year
Produced: 50 NCAA DIV. II All-Americans
9 NCAA DIV. II National Champions

BRAUMON CREIGHTON – ASST. COACH – SFSU
Two-time NCAA National Champion
Four-time All-American –Nebraska – at Omaha

DONALD LOCKETT – ASST. COACH –SFSU
Two-time All-American

JOEY BARENG – FORMER ASST. COACH – SFSU
NCAA Division II All-American

MAURICIO WRIGHT – FORMER ASST. COACH – SFSU
First two-time NCAA National Champion
Four-time All-American for SFSU

For questions regarding the *SFSU FALL WRESTLING CLINIC*, please contact:

LARS JENSEN – HEAD WRESTLING COACH
(415) 338-2301