

DECLARATION OF PLAYING SEASON FORM

SPORT: _____ COACH: _____ DATE: _____

DIRECTIONS: This form must be completed prior to the beginning of the declared playing season. The form shall be kept on file in the department of athletics. Changes are permissible prior to the start of each segment.

FIRST DATE OF COMPETITION: _____

FIRST DATE OF PRACTICE: _____

FALL SPORTS: Cross Country & Soccer

Championship Segment:

Practice may not begin until August 6.

From: _____ to: _____

Spring Segment:

Practice may not begin until February 15. You are allowed 24 practice/competition days within a consecutive 45-day period. A calendar must be given to the compliance office:

From: _____ to: _____ # of days: _____

INDIVIDUAL SPORTS: A maximum of 144 days
Wrestling

Championship Segment:

From: _____ to: _____ # of days: _____

Non-Championship Segment:

From: _____ to: _____ # of days: _____

Total Days: _____

SPRING SPORTS: Baseball & Softball

Championship Segment:

You may not begin practice until January 10.

From: _____ to: _____

Fall Segment:

You are allowed 24 practice/competition days within a consecutive 45-day period. A calendar must be given to the compliance office:

From: _____ to: _____ # of days: _____

WOMEN'S INDOOR AND OUTDOOR TRACK: A maximum of 156 days

Championship Segment:

From: _____ to: _____ # of days: _____

Non-Championship Segment:

From: _____ to: _____ # of days: _____

Total Days: _____

Segments may exclude only required days off per Bylaw 17.1.6.4 and official vacation, holiday, and final-exam periods during which no practice or competition shall occur. All weeks must be counted as 6 days regardless of how many days are used for practice and competition.

Head Coach's Signature